

NOTE: All courses are held in the U3A Rooms in the Parry Building unless otherwise specified.

New and returning courses, groups and activities								
	Day/Time	Activity/Course	Venue	Contact	Start	Duration	Min/ Max	Gear/Cost
N	Monday 10.00 - 12.00	<i>Australian history - another perspective</i>	U3A Room 1	Pat Harris 0421 796 131	29th July	7 weeks	Up to 30	Nil
N	Monday 2.00 - 4.00	<i>Looking at Paintings - Animals in Australian Art</i>	U3A Room 1	Wendy Smith 0428 740 761	29th July	9 weeks	Up to 30	Nil
N	Monday 2.00 - 4.00	<i>Women's journey to equality</i>	U3A Room 2	Lynne Gilks 0411685783	29th July	9 weeks	Max 16	Nil
N	Tuesday 2.00 - 4.00	<i>Shakespeare: Love's labour's lost</i>	U3A Room 1	Wendy Smith 0428 740 761	30th July	9 weeks	Up to 30	\$10/term for texts
N	Wednesday 10.00 - 12.00	<i>A healthy you (Details in newsletter)</i>	U3A Room 1	Patsy Bourke 0427 293 138	31st July	3 sessions	Max 20	Nil
N	Friday 11.00-1.00	<i>Magic and Mystery</i>	U3A Room 1	Helen Ritchie 6765 9951	Start 30th Aug	4 sessions	Max 30	Nil
R	Friday 11.00-12.30	<i>Beginners' Cryptics</i>	U3A Room 2	Terri Mower 6762 6369	Start 2nd Aug	4 sessions	Max 10	Pen/pencil and eraser
Continuing courses, groups and activities					<i>Places available?</i>			
C	Monday 8.00 - 9.15	<i>Walking for Fitness (brisk, not strolling)</i>	Meet at Old Info Centre	Terri Mower 6762 6369	Yes	1.25 hours per week	Min 4 Max 12	Hat + sunscreen
C	1st Monday 9.30-11.00	<i>Modern Fiction Book Group</i>	U3A Room 3	Irene Ward 0419 988 387	Yes	2 hrs / month	Max 10	Nil
C	Monday 10.00 - 12.00	<i>Cryptic crosswords Continuers</i>	UNE Centre	Wendy Smith 0428 740 761	Yes	2hrs/wk	2 more	Pen/pencil and eraser
C	Monday 11.00 - 1.00	<i>Mah jong</i>	U3A Room 9	Irene Ward 0419 988 387	No	2hrs/wk	Wait List only	Nil
C	Monday 12.00 - 1.30	<i>Tennis for fun and exercise</i>	West Tamworth Courts (No. 7)	Terri Mower 6762 6369	Yes	1.5 hours per week	Min 4 Max 20	\$5/wk + racquet

N = a new course/activity

R = repeat of a previous course/activity

C = continuing course/activity

More continuing courses, groups and activities					Places available?			
C	Tuesday 9.30 -11.00	Table Tennis	Shirley's House 3/69 Napier St	Shirley Knight 6766 1290	Yes	1.5 hrs / week	Max 8	Nil
C	Tuesday 10.00 - 12.00	History Talks (Group 1)	U3A Room 1	Gordon Holding 6766 2664	Yes	2 hrs/wk	Max 30	Nil
C	Tuesday 1.00-4.00	Bridge continuers (not beginners)	U3A Room 2	Michael Johnson 6762 2079	Yes	3 hrs/week	Must be able to play Bridge	
C	Tuesday 2.00 - 4.00	Canasta for fun	Tamworth City Bowling Club	Leila Weekes 0438 121 425	Yes	2 hrs/wk	Max 8	Nil
C	Wednesday 7.30 - 9.15	Walking for Fitness (brisk, not strolling)	Meet at Old Info Centre	Diana Gilkes 0457 337 703	Yes	1.25 hrs/wk	Max 12	Nil
C	Wednesday 9.00 -11.00	Golf croquet	Croquet Club Fitzroy St	Annabel Ashworth 0427 694 147	No	3 hrs/wk	Wait List only	\$5 + own mallet; hat; water
C	Wednesday 10.00 - 12.30	Bridge improvers	U3A Room 2	Michael Johnson 6762 2079	Yes	2.5 hrs/wk	Must be able to play Bridge	
C	Wednesday 9.30 - 12.00	Play ukulele and other hand-held instruments	U3A Room 9	Brian Pierce 0427 203 707 Virginia Austin 0408 659502	Yes	3 hrs/wk	Own ukulele or other hand-held instrument	
C	2nd Wednesday 10.00 - 12.00	Autobiography reading and discussion group	U3A Room 3	TBA	Yes	2 hrs permonth	Max 12	Nil
C	4 th Wednesdays 1.00 - 4.00	Book and Film discussion	U3A Rooms 1 + 2	Nancy Sayer 5701 5616	Yes	3 hrs per month	Max 30	Nil
C	Wednesday 2.00 - 4.00	Current Affairs discussion	U3A Room 9	Jan Morris 6765 9478	Yes	2 hrs/wk	Max 30	Nil
C	Wednesday 2.00 - 4.00	Knitting and Woolcraft	24 Dibar Drive Pam's house	Pam Whitney 6762 0737	No	2 hrs/wk	Wait List only	Own materials
More continuing courses, groups and activities					Places available?			

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C	Thursday 9.00 - 10.30	Yoga for seniors	U3A Room 9	Kay Deaves 0439 723 952	No	1.5 hrs per wk	Wait list only	Nil
C	Thursday 9.00 - 12.00	Drawing	10 Gipps St W. Tamworth	Geoff Bennett 6765 9899	Yes	3 hrs per wk	Room for 2 more	Own materials
C	Thursday 9.30 - 12.30	Painting with Yvonne Overton	St Stephen's West Tamworth	Yvonne Overton 6766 3642	Yes	3 hrs per wk	Room for 2 more	Own materials
C	Thursday 10.00 - 12.00	History Talks (Group 2)	U3A Room 1	Gordon Holding 6766 2664	Yes	2 hrs/wk	Max 30	Nil
C	Thursday 11.00 - 12.30	iPad and Win10 Forum (See newsletterfor details)	U3A Room 2	Terri Mower 6762 6369	Yes	1.5 hrs/session	Max 20	Own iPad or laptop
C	Thursday 1.00 - 4.00	Social Bridge	U3A Room 9	Lyndall McKenzie 6765 5021	Yes	3 hrs per wk	Room for 4 more	Nil
C	Thursday 2.00 - 4.00 (Note change of time)	Wonders of the World in the Industrial Age	U3A Room 1	Wendy Smith 0428 740 761	Yes	2 hrs/wk	Max 30	Nil
C	Thursday 2.00 - 3.30	P-Plate Cryptics	U3A Room 2	Terri Mower 6762 6369	No	1.5 hrs per wk	Group full	Nil
C	Friday 8.30 - 10.00	Tai Chi	Anzac Park	Jack Van Hest 0439 069 710	Yes	1.5 hrs per wk		Loose comfy clothes
C	Friday 9.00 - 10.30	Computer know-how (See newsletterfor details)	U3A Room 2	Terri Mower 6762 6369	Yes	1.5 hrs/session	Max 20	Own iPad or laptop
C	Friday 9.30 - 11.30	Scrabble	Tamworth City Library	Shirley Knight 6766 1290	Yes	2 hrs per wk	Max 12	Nil
C	Friday 2.00 - 4.00	500 for fun (cards)	U3A Room 2	Euan Coutts 0438 450 860	Yes	2 hrs per wk	Max 16	Own cards