



Contact The Secretary,  
Tamworth Regional U3A Inc  
PO Box 1558 Tamworth 2340.

Don't forget to check out  
our website  
[www.tamworth.u3anet.org.au](http://www.tamworth.u3anet.org.au)

## A Message from the President

It is pleasing to see Membership continue to grow with several new Members this month. Regular publicity will continue through the Community News Section of the NDL. Our next Information Session will be held the week prior to Term 1 Launch 2019.

The 10<sup>th</sup> Anniversary Luncheon was a great success – attendance, venue, entertainment made for a memorable occasion. I have thanked the NDL and Prime 7 for the positive media coverage they gave on the occasion.

Following the luncheon, many suggested that the Frog and Toad venue be booked for our end of year Christmas function. It is now booked for Wednesday 12 Dec, cost to be negotiated later, hopefully \$30 per head for same style meal as the luncheon.

All Members have received a copy of the 'Brief History of Tamworth Regional U3A'. A reminder that a copy of the DVD of our history created by Heather Jones is available for a cost of \$10. Please place your order with the Treasurer.

At the U3A Network NSW Meeting 18-19 June, Vice President Beverly Peken and Secretary Rowena Simone have been appointed to oversee the planning for the 2019 Network Conference in conjunction with our Committee. The deadline for information to be sent to all U3A's is no later than the middle of November. The theme for the Conference, agreed by the Committee and approved by the Network, is “*Defy Expectation*” and I am sure we will conduct a successful Conference for all.

Do constantly think of a course or activity that you, or someone you know, may lead. We need to continually evolve in providing courses and activities for our Members.

Recently, we were advised that there was a prospect interested in leasing our rooms. To this point nothing has been concluded, however it is wise that we be prepared and seek an alternate venue(s) now. Please contact myself or Vice Pres. Euan if you are aware of suitable premises.

**John Sharkey, President.**



**Dates for your Diary:**  
**Launch Day for Term 3:**  
**Wednesday July 25th**  
**10am for 10.30** Tamworth  
Community Centre

**Short Talks at U3A Rooms**  
**3rd Wednesdays 10 for**  
**10.30 am.**

**Aug 15th:** Ruth Rae PhD  
FACN Researcher

**Sept 19th:** Neridah Prentice,  
McGrath Nurse

**Sep 7th Term 3 Excursion:**  
**Calrossy Homestead**

**Launch Day Term 4 Wed**  
**Oct 17 10 for 10.30** Tamworth  
Community Centre

**Nov 7th Term 4 Excursion:**  
**SES Headquarters**

## Spicks and Specks

- ◆ **Treasurer's Request.** For all direct debit or deposit payments, please quote your name first, then what the payment is for. Direct payments make for much shorter queues on Launch Day!!
- ◆ Do you have an **ORANGE** badge? If not, you may not enrol in courses as you are not financial..
- ◆ **Program Co-Ordinator Wendy Smith:** Please email me on [wmsmith@tpg.com.au](mailto:wmsmith@tpg.com.au) OR text to 0428 740 761. Please do not phone the landline.
- ◆ **Enrolment Numbers.** Following committee discussion re large numbers wishing to enrol in courses, the following policy is proposed and members are asked for feedback.
  - o Each calendar year is to start with a 'blank slate' and all members are to enrol
  - o Terms 2, 3 & 4 members may continue without re-enrolling and new members may join if places are available.
  - o Course leaders are to determine size of their group
  - o Members to advise their course leader if they are not continuing
- ◆ **An interesting fact from the last census: Census Info:**  
The median age of people in Tamworth (State Electoral Divisions) was 40 years. Children aged 0 - 14 years made up 20.2% of the population and people aged 65 years and over made up 19.2% of the population. This compares with 15.8% for all Australia.

## What's Inside

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## Course News Term 2

**Continuing Tamworth History walks with Rod Hobbs**, Tamworth Historical Society 25-year veteran, Life Member since 2012. The walks are at a gentle pace. Wear walking shoes, a hat, bring water.

**Walk 4:** Wednesday 12<sup>th</sup> Sept: Meet @ Paradise Bridge Finish at the Waler Memorial.

**Walk 5:** Wednesday 19<sup>th</sup> Sept: Anzac Gates Brisbane St start and finish.

**Walk 6:** Meet at St Mary's cnr North and Bligh St Finish at North Tamworth Bowling Club.

**Transformations: Stories from "Ovid's Metamorphoses":** Ovid was a 1st century AD Roman poet whose *Metamorphoses* comprise his lively retellings of a large group of older tales of mainly Greek origin. Ovid's stories have inspired many Western paintings, sculptures and literary works. We will look at a range of works of art, illustrating a selection of the stories, some of which may be familiar, some which may be new

*Wendy Smith*



**Looking at paintings:** Following last term's series on "Children in art", this term will we start with looking at "Australian children in art". Following that, we will follow the development of the self-portrait from its origins to the present. These talks are copiously illustrated with paintings from many countries and collections. Some you may recognise, and you will surely see many new (and perhaps strange?) and unfamiliar images

*Wendy Smith*



### Shakespeare: Henry V

"Once more unto the breach, dear friends" ..... Back to the 15th century to do battle in France at Agincourt.

*Wendy Smith*



### 4 Australian Prime Ministers: Curtin, Chifley, Menzies and Whitlam.

'How a leader is remembered is necessarily a combination of their personal qualities and the times in which they govern' (Julia Gillard). Each week Pat Harris and Rosalind Jones will look at the role these men played as Australia's leaders. Your views will make valuable contributions to our discussions.



**Digital Photography** Following up on last term's course, we'll go on three field excursions for some hands-on practice. Bring along your DSLR or mirrorless camera, your manual and some morning tea. We will try to unravel some of the mysteries. Meet at the Botanic Garden at 9.30am on August 2nd. Following venues to be advised.

*Terri Mower, Sharon Ritchie*



### Facebook: Introduction and Forum

—2 Sessions only.



"We've heard/read about data mining/Cambridge Analytica/scamming in Facebook. What does it all mean and what can we do about it? At the same time we have a great communication tool to keep in touch with family and friend! Come along and let's explore all this together." - *Brian Pierce*

### Charge for painting groups:

As St Stephen's is now charging us for each time we use the hall (which was not the case in the past) the decision was reluctantly made to recover the costs. This is a 9 week term, so the cost will be \$45 per member.



**Please pay in advance on Launch Day**  
(See page 3 for form to fill in)

### Your Digital Legacy.

What will happen if or when you fall off the perch—really or figuratively??? All those Usernames, passwords, secret squirrel questions like the name of your first pet. How will your family close your Facebook, deal with your emails or even get into your iPad or computer? We'll consider ways to approach this all too real problem.

*- Terri Mower*



### The Swinging 60's Sex, Drugs and Rock'n'Roll "If you remember the '60s, you really weren't there".

A brief synopsis of music, movies, main events, medicine, fashion and flares, furniture, food and so much more 1960 -1969.

*- Helen Ritchie*



**History: Gordon** will continue from Term 2 for week 1 looking at the early Medieval period. **Steve Cunneen** will compare transportation to America with transportation to Australia. **Rosalind Jones** will look at Australia between 1900 and 1914. **Denise Fitzgerald** will look at Ireland and the Great Famine in the 19th century. **Mike Cashman** will do more local history and **Sue Lockart** will examine Roman Britain but that may end up being in term 4 because it fits in well with what Gordon will be doing on the rise of Christianity and Islam.

**Card tables needed:** The Bridge players are looking for more card tables. If you have a spare folding card table to sell or give away. contact Michael Johnson 0422 815 581.



### Committee Vacancies

Due to various circumstances, unfortunately there have been three resignations from the Management Committee this year. The Constitution allows for these positions to be filled on a casual basis until the AGM in October 2018. At that AGM, changes to the structure of the Committee will come into force, i.e. the Committee will total 9, comprising the President, Vice President, Secretary, Treasurer, and 5 Committee Members, as opposed to a total of 11 Members currently. Tamworth Regional U3A continues to operate well with very good membership growth and with good attendance at the wide range of Courses and Activities offered. All organisations require Committees to guide and manage operations. Your Committee meets at the most 1.5 hours, 11 times a year with each Member performing a role which is not onerous. Accordingly, I would like persons interested to consider fulfilling a role when nominations are called for late September. Please do not hesitate to contact me to discuss the Committee positions. **In the meantime, if you are interested in filling the casual vacancies now, contact me as soon as possible.**

**John Sharkey, President**



<p><b>SHORT TALKS</b> Term 3 3rd WED EACH MONTH</p>  <p><b>U3A Rooms above Cotton On</b> 10.00am coffee for 10.30 talk</p> <p>Members free, visitors \$5</p>	<p>Aug 15th <b>Dr Ruth Rae</b>, PhD,FACN Ruth uncovered details of an incident involving Australian nurses at the 34th Welsh General Hospital in Deolali, India 100 years ago while researching her third book</p>	<p>Ruth Rae has been an independent researcher and writer for more than thirty years. One of her main areas of research was the absence of the history of Australian nurses who served in WW1. She has written a number of journal articles and three books on the topic. The Australian College of Nursing re-published the books as a boxed set centenary commemorative trilogy in April 2015 along with Ruth's comprehensive nominal roll of the 2468 Australian nurses who served.</p>
	<p>Sep 19th <b>Neridah Prentice RN</b>: Experienced Oncology nurse and now McGrath Nurse</p>	<p>The McGrath foundation was the vision of Jane McGrath before her death from breast cancer - her vision was that every woman diagnosed with breast cancer be supported by a specialist breast nurse. So far there are one hundred and twenty McGrath Breast Care Nurses in all parts of Australia. This is a fantastic achievement, and one which makes an amazing difference to the lives of women diagnosed with breast cancer .</p>



**Wednesday 5th September - Excursion - 10 for 10.15am**

Join in for a conducted tour of **Calrossy's** historic homestead in Brisbane Street, now utilised for Administration. As parking is at a premium, the plan is to meet at the old Visitor Information Centre car park and car pool at 10am for a 10.15am departure. The tour will be followed by morning tea at Weswal Gallery Coffee Shop, cost \$10 per person. Please complete form to register attendance. Payment is requested by 29th August or on Launch Day



**Please Register on Launch Day.**

**Term 3 Excursion to Calrossy and Weswal Gallery**

NAME/S: \_\_\_\_\_

I enclose \$10.00 per head for the Term 3 Excursion.

**The Treasurer, Tamworth Regional U3A, PO Box 1558, Tamworth 2340** or hand in at the Launch Day  
**Direct Deposit to BSB 932000 Account No. 705311** (Regional Australia Bank 330-334 Peel St)

**Painting Groups Term Fee**

NAME/S: \_\_\_\_\_

I enclose \$45.00 per head for St Stephen's Hall Fees.

**The Treasurer, Tamworth Regional U3A, PO Box 1558, Tamworth 2340** or hand in at the Launch Day  
**Direct Deposit to BSB 932000 Account No. 705311** (Regional Australia Bank 330-334 Peel St)

**2018 MEMBERSHIP RENEWAL FORM**

NAME/S: \_\_\_\_\_

I enclose \$40.00 per head for the Tamworth Regional U3A 2018 Membership

**The Treasurer, Tamworth Regional U3A, PO Box 1558, Tamworth 2340** or hand in at the Launch Day  
**Direct Deposit to BSB 932000 Account No. 705311** (Regional Australia Bank 330-334 Peel St)

See us on the Internet <http://tamworth.u3anet.org.au/>  
Email: Wendy Smith: [wmsmith@tpg.com.au](mailto:wmsmith@tpg.com.au)  
John Sharkey: [jdsharkey@bigpond.com](mailto:jdsharkey@bigpond.com)

An active mind for a healthy retirement

- Learning for pleasure
- Sharing your knowledge
- Making new friends



### Life Lessons

Photo: Gareth Gardner NDL courtesy of Fairfax Media



Happy 10th

